

Peredovik Sunflower Seed Description

Sunflower seeds are the most popular seed for bird feed. Peredovik Sunflowers grow 4 to 5 ft. tall and provide a nutritious, high-energy food source for birds.

All types of sunflower seeds originate from the common sunflower, *Helianthus annuus*, although there are many specialized and hybrid flower varieties that create different bloom sizes, stalk heights, and seed yields. The seeds they produce are similar, however, and Sunflower seed is a universally popular birdseed.

When compared to striped sunflower seeds, black oil sunflower seeds are meatier and have a higher oil content, giving birds more nutrition and calories in every bite. Black oil seeds also have thinner shells, making them easier for small birds to crack.

15-30# / Acre, ½" Seeding Depth

Sunflowers are a great addition to game bird fields for dove, quail, turkey and pheasant. Planted with Millet, Sorghum, Sesame, or other seed yielding varieties, this creates a diverse seed supply for the birds. Common dove fields are planted in strips of Millet, Sunflowers, Milo (Sorghum) and Sesame. This allows the grower to mow off small portions of each variety as the season approaches to attract birds. This plant matures in approximately 100 days.

Nutrient Contents:

28% fat
25% fiber
15% protein
Calcium
B vitamins
Iron
Vitamin E
Potassium

